SO THANKFUL.

The true power of the Y is in the hearts and actions of every neighbor who believes in our vision of a stronger community for all.

Thanks to you and the contributions you’ve made to the Y this year, we have been able to provide food for those who are hungry, a nurturing space for kids to learn and grow, support for those who need us most, and a warm welcome to all.

You helped make this possible. THANK YOU.
YOUR 2022 GIFT AT WORK

The gift that you made to the Attleboro Norton YMCA earlier this year has already changed lives. Thanks to you, the Y has been able to serve our neighbors and our community in the following ways in the first three quarters of 2022.

- Served 160 MEALS each week to seniors in need
- Taught 125 KIDS to swim through the 2nd Grade Swim Program
- Helped 16 PEOPLE with Parkinson’s manage their symptoms
- Served 855 KIDS at Camp Finberg this summer
- Provided subsidized memberships to 3,063 COMMUNITY MEMBERS

YOUR GIFT IN ACTION

BUILDING A COMMUNITY OF SWIMMERS

Second Grade Swim Lessons

As part of our drowning prevention initiative, the Y has partnered with the Attleboro Public Schools to develop a free swim lesson program to offer every child in Attleboro the opportunity to learn to swim.

In the 2021-2022 school year, the Y launched our Second Grade Swim Lesson pilot program with Willett School. The Y has now expanded the Second Grade Swim Lesson program to all five Attleboro elementary schools. During the 2022-2023 school year, every second grader will be bused to the Y for eight weekly sessions of swim lessons as part of their physical education curriculum.

"Being able to serve all of our kids, no matter what their swim level or financial capacity might be, has been so rewarding," says Andrea Champagne, Executive Director of the Y’s Downtown Branch. "We see progress at all stages. Sharing in the kids’ accomplishments has been one of the best parts of being involved in this program."

Offered at no cost to the schools or the students, the Second Grade Swim Lesson Program is funded through grants and donations made to the Y’s Annual Campaign.
YOUR GIFT IN ACTION

LEGACY GIFTS
In 2022, the Attleboro Norton YMCA lost several Members and volunteers who were a vital part of our community. We are grateful and humbled that their families and friends have chosen to support the Y in their memories.

Paula Rocha
YMCA Member, Senior Meals Volunteer

Renny Chapman
YMCA Member, Participant in our Delay the Disease program

Matt Haist
YMCA Member, Staff, Board Member, Rooftop Party Volunteer & Chef

Russ Treen
YMCA Member, Board Member

Chuck Ferreira
YMCA Member, Participant in our Delay the Disease program

FEEDING OUR SENIORS IN NEED
Sweet Community House

Since the fall of 2020, the YMCA has provided more than 160 hot meals each week to seniors in need. While that number is impressive, Cyndee Goodinson-Lindsay will tell you that it’s still not enough to meet the need. “We open up reservations for the next month’s meals on a Friday. By Saturday, it’s full.”

Fortunately, with the gift of the Sweet Clubhouse to the Y in the spring of 2021 and the facility’s recent renovations, the Y now stands ready to serve the ever-growing number of seniors who face food insecurity in our communities of Attleboro and Norton.

"With the renovations, we now have an expanded commercial kitchen with increased capacity and resources to do what we need to do," says Cyndee, pictured above in the renovated kitchen. As Director of the Sweet Community House and Active Older Adults programming, Cyndee is the sole, full-time employee who works with a team of one part-time assistant and a crew of 25 volunteers to make, pack, and deliver the Senior Meals.

"Thanks to the volunteers, grants, and financial support we receive through the Annual Campaign, the Senior Meals program is making a real difference in the lives of seniors," Cyndee says. "We make sure that they’re receiving nutritious meals, but we’re also helping them stay connected to the Y, the community, and each other – so they know that they’re not alone."
A POSITIVE SPACE FOR TEENS
New YMCA Teen Center

This fall, our teens have been thrilled to have a new place to call their own at the Y’s Downtown Branch. Furnished with couches, active games, books, video games, project supplies, and more, the Teen Center provides a safe, welcoming, and supervised space where youth ages 12 to 18 can hang out with friends, play games, listen to music, participate in Y programs, do homework, or just relax.

Under the leadership of James Bartelle, the Y’s Teen Engagement Specialist, the Y offers a full lineup of teen programs, including the Big 3 Basketball League, Leaders Club, and an Honors Program to encourage good decision-making and school-to-Y connections.

Most of the Y’s teen programs are offered for minimal or no fees. The Y is able to offer the Teen Center and other low-cost programs because of your donations and a partnership with Sturdy Memorial, which has supported the buildout of the Teen Center space.

“Sturdy Memorial is honored to partner with the YMCA as they create an inclusive, innovative and engaging environment for the teens within our community,” says Justine Zilliken, Sturdy’s Chief Strategy Officer. “We are excited to support the incredible work the YMCA team is doing to build healthy minds, bodies and futures for our next generation!”

THANK YOU!

During this season of gratitude, the Y is incredibly thankful for your support and your confidence in our work to best serve the community.

attleboroymca.org/donate