

NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Old fashion sloppy joe with baked sweet potato fries	5 Tomato soup with grilled cheese sandwich on wheat bread	6 Baked fish, baked potato, and veggie	7	8	9
10	11 Grilled chicken Cesar salad	12 Roasted Pork loin with mashed potato and veggie	13 Meatloaf with baked potato, and veggie	14	15	16
17	18 Tuna salad sandwich on roll with lettuce, tomato and a bag of sun chips	19 American Chop Suey with side salad	20 Baked beans & franks with fruit	21	22	23
24	25 Broccoli & cheese quiche with side salad	26 Cobb salad: mixed greens with hard boiled egg, cucumbers, tomatoes, red onion, blue cheese and bacon bits.	27 No Meal	28	29	30