

MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Stir-fry chicken & veggies with ginger rice	2 Homemade New England clam chowder with cesar salad	3 Homemade meat lasagna with side salad	4	5	6
7	8 Stuffed green peppers, side salad and Italian bread	9 Roasted pork loin, mashed potatoes and veggie	10 Cobb salad: greens, tomatoes, bacon, eggs, blue cheese, red onion, pita bread and dressing	11	12	13
14	15 Baked fish, Roasted veggies and salad	16 Burgers & hot dogs with sweet potato salad	17 American chop suey Side salad	18	19	20
21	22 Shepard's pie with side salad	23 Chicken broccoli & ziti with side salad and garlic bread	24 Pulled pork sandwich, cole slaw and baked beans	25	26	27
28	29 Memorial Day No Senior Meals	30 German cabbage: onions, bacon, kielbasa served over egg noodles with side salad	31 Meatball Sub with pasta salad			