

MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Macaroni & cheese served with garden salad	2	3	4
5	6 Chicken Kabobs with veggies over rice pilaf	7 Stuffed Peppers with side salad	8 White Chicken Chili With dinner roll	9	10	11
12	13 Ziti & Meatballs with side salad	14 Grilled Cheese & ham sandwich on wheat bread & Tomato soup	15 Mediterranean chicken salad, fresh greens, chicken, hard-boiled egg, cucumber, red onion, hummus & pita bread	16	17	18
19	20 Baked scrod with roasted potatoes and veggie	21 German cabbage bacon and onions served over egg noodles with side salad	22 Pulled pork sandwich with baked beans and cole-slaw	23	24	25
26	27 Meatloaf, baked potato and veggie	28 Cheese Ravioli and side salad	29 Soft tacos, yellow rice and beans	30		