## JULY 2024

| Sunday | Monday   | Tuesday  | Wednesday   | Thursday | Friday | Saturday |
|--------|--|--|---|----------|--------|----------|
|        | 1<br>2 hotdogs, baked<br>beans and fruit               | 2<br>No Meal   | 3<br>No Meal<br>Happy 4 <sup>th</sup> of<br>July!           | 4        | 5      | 6        |
| 7      | 8<br>Meatloaf with<br>mashed potatoes<br>and veggie    | 9<br>Baked chicken<br>with vegetable<br>and side salad     | 10<br>Mannicotti<br>with side<br>salad and<br>Italian bread | 11       | 12     | 13       |
| 14     | 15<br>Stuffed peppers<br>with veggie and<br>side salad | 16<br>Chicken<br>sandwich on<br>the pasta<br>salad         | 17<br>Shepard's<br>pie with side<br>salad                   | 18       | 19     | 20       |
| 21     | 22<br>American Chop<br>suey with side<br>salad         | 23<br>Tuna salad on<br>roll with bag of<br>chips and fruit | 24<br>Baked fish<br>with baked<br>potato and<br>cole-slaw   | 25       | 26     | 27       |
| 28     | 29<br>Soft beef tacos<br>with beans & rice             | 30<br>Meatball sub<br>with side salad<br>and fruit         | 1<br>Roast Pork<br>Roast<br>potatoes<br>veggie              |          |        |          |