

# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 HAPPY NEW YEAR!	2 Homemade vegetable soup and salad	3 Soft tacos with the works, with beans & rice	4	5	6
7	8 Stuffed peppers, veggie and salad	9 Baked fish, baked potato and cole-slaw	10 Tomato bisque soup, grilled cheese sandwich on wheat bread	11	12	13
14	15 Baked chicken, shells and sauce and salad	16 Meatloaf, mashed potatoes and veggie	17 Tuna and egg salad on top of fresh assorted greens with cucumbers & tomatoes	18	19	20
21	22 Hearty beef stew with dinner roll and salad	23 Broccoli & cheese quiche with salad	24 American Chop suey with salad	25	26	27
28	29 French meat pie with salad	30 Cobb Salad: mixed greens with hard boiled egg, cucumbers, tomatoes, red onion, blue cheese and bacon bits.	31 Meatball sub with salad			