

APRIL 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken Salad: sliced chicken served over a bed of baby spinach, dried cranberries, walnuts, feta cheese. Served with a maple syrup/balsamic vinaigrette dressing,	2 Broccoli & cheese quiche with salad	3	4	5
6	7	8 Roast Pork, rice, veggie	9 American Chop suey with side salad	10	11	12
13	14	15 Baked chicken with veggie and dinner salad	16 Meatloaf with Baked potatoes and veggie	17	18	19
20	21	22 Baked fish with baked potato and cole-slaw	23 Taco salad, taco meat on a bed of lettuce with tomatoes, cheese, red onion, sour cream, guacamole	24	25	26

27	28	29 Cheese Manicotti with side salad and fruit	30 Tuna salad on a roll with chips and fruit			
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