

CORPORATE RETREAT GROUPS

Add a little adventure to your next workplace event! Our staff will work with you to customize a event tailored to your group's goals and interests. Whether you're working to build a sense of connection among a new staff team or helping a group of co-workers work together toward a common goal, our Challenge Course staff will lead you through an itinerary of challenges and games that address communication, goal setting, and trust in a fun, supportive environment.

Our corporate events may include:

- Challenge Course program
- Field games
- Nature hikes
- Recreational swimming (in season)

To plan your organization's event, contact Jen Maltese at jmaltese@attleboroyymca.org or (508) 222-7292.

NORTON OUTDOOR CENTER AMENITIES

Amphitheatre with fire pit
Athletic fields
Basketball/Pickleball courts
Fire Pits
Hiking Trails
Lawn/Yard games
Pavilion bath house with showers
Playground
Rotary Lodge and Activity Center
Splashpad and interactive waterwall
Vegetable and herb garden
8-lane outdoor pool, 25 yards
80 acres of woodlands, trails and fields
5,000 square foot indoor Fred M. Roddy
Children's Pavilion

Attleboro Norton YMCA
NORTON OUTDOOR CENTER

CORPORATE RETREATS

CREATING A CULTURE OF COLLABORATION



Attleboro Norton YMCA
NORTON OUTDOOR CENTER
295 West Main Street
Norton, MA 02766
508-222-7292 (in season)

www.AttleboroYMCA.org



@AttleboroNortonYMCA



The Norton Outdoor Center YMCA corporate retreat program allows adults to work on cohesion among co-workers. During your company retreat, you will gain a positive, supportive, and empowering culture within your workplace. While being outdoors and participating in our challenge course you will gain trust among your colleagues like never before. Leaving our retreats program, you will feel a sense of fulfillment and achievement, ready to face any challenge.

LOW ELEMENTS

WHALE WATCH: Large platform with a see saw action, to imitate the rocking of a ship.

Objective: To have the group perform various functions on the platform while staying balanced.

SPIDERS WEB: Web-like structure made of bungee cord between two trees.

Objective: To have the group work together to cross from one side of the spider's web to the other without touching the web.

NITRO SWING: Rope swing that allows participants to swing from point A to point B following a set of modifiable rules.

MOHAWK WALK: A series of high-strength cables strung between trees where the wire length gets longer and longer.

Objective: To successfully get your entire group to traverse the series of expanding cable spans.

HIGH ELEMENTS

GIANT SWING: An element that allows one harnessed participant to swing from a height of their choosing, while their teammates pull a cable to help the participant to reach that height.

Objective: To have fun while learning positive language and teambuilding skills.

VOYAGER CROSSING: A series of platforms hung high in the trees. Each platform has four ropes that hang from the bottom of the disk, which are used to steady the platforms for the climber.

Objective: A belayed participant traverses the element while his/her teammates provide support.

BEGINNER ROCKWALL WITH PLATFORM: A small rockwall that is 25 feet high and leads to a group meeting platform.

Objective: To climb up the rockwall and get used to heights and build confidence.

HIGH PLATFORM: A 55-foot-high platform accessed by a climbing ladder. Supported by a harness, participants dismount by leaping toward a target trapeze.

Objective: To take a leap of faith and jump to a 55-foot drop. You can choose to jump for the trapeze bar or jump into the air.

ZIP LINE: 175-foot zip line accessed from a tree climb and platform.

Objective: To have fun while experiencing something new.

RETREAT SAMPLE SCHEDULE

HALF DAY

9:30am	Arrival
9:40am	Large Group Game/Tone Setter
9:50am	Split into Small groups for Activities <ul style="list-style-type: none">• Team Builders• Low Ropes• Debrief morning activities
10:40am	High Ropes
1:00pm	Departure

FULL DAY

9:00am	Arrival
9:35am	Large Group Game/Tone Setter
9:50am	Split into Small groups for Activities <ul style="list-style-type: none">• Team Builders• Low Ropes• Debrief morning activities
1:00pm	Break (groups are invited to bring bag lunches)
1:30pm	High Ropes
3:30pm	Departure

RETREATS AT THE NORTON OUTDOOR CENTER

HALF DAY

Goals: Gain a positive, supportive, and empowering culture, and build trust
Cost: \$25 per person
Hours: 3.5
Minimum number of Participants: 15
Maximum number of participants: 50

FULL DAY

Goals: Build Strong group bond, heighten communication skills, learn about co-workers in an outdoor setting, To have Fun
Cost: \$40 per person
Hours: 6.5
Minimum number of participants: 15
Maximum number of participants: 100+ (Larger groups may be accommodated for an additional fee. Contact us for pricing.)