

STRONGER TOGETHER

FAMILY TIME | September & October 2017

The Y has always been a place where families can play and be active together. Your Family Membership includes many opportunities to strengthen bonds and connect with your community.



WEEKLY PROGRAMS

(Included in your Y Membership)

Parent / Child Story & Craft: Open to all ages. Join us for a fun morning of books and crafts with other Y friends and families!

WED 10:30-11:15 am, Downtown Branch
THU 11:30 am-12:00 pm, Pleasant Street Branch

Family Workout Session: Ages 8 and older. Meet our trainer in the fitness center for a special workout designed for parents and kids to do together!

TUE 6:15-7:00 pm, Pleasant Street Branch
WED 6:45-7:30 pm, Downtown Branch

Grandparents Swim: Y Members are invited to bring their grandchildren (or their grandparents) for a fun swim together at the Downtown Branch. Your grand can come along for free as your guest!

SUN 1:00-3:00 pm, Downtown Branch
SAT 4:00-6:00 pm, Pleasant Street Branch

SPECIAL EVENTS

Open Gymnastics Event: Come celebrate National Gymnastics Day with a free open gym event! Try out the various elements and meet our coaches.

Saturday, September 16
12:30-2:30 pm
Pleasant Street Branch
Free event for Members & Non-Members

Attleboro Y's 150th Birthday Party: Open to all ages. Join all of your friends from the Y for a grand celebration of the Attleboro Y's 150th anniversary!

Saturday, October 7
11:00 am-1:00 pm
Downtown Branch
Free event for Members & Non-Members

Swim with the Pumpkins & Costume Exchange: All ages. Jump in to this fun Halloween tradition! Enjoy a family swim in a pool filled with bobbing pumpkins. Bring in your old costumes for the exchange and possibly find this year's perfect costume!

Friday, October 13
6:30-8:00 pm
Both locations
Free for Members. \$5 per Non-Member.

Fall Festival & Haunted Woods: All ages. Join us at the Y's Norton Outdoor Center for hayrides, pony rides, carnival games, face painting, and more. Once the sun goes down, venture through our haunted trail through the woods ... if you dare!

Saturday, October 21
12:00-8:00 pm
Norton Outdoor Center
\$25 per family / \$10 per individual

CHILD WATCH

Child Watch is a drop-off service for Youth, Family, and Single-Parent Family Members of the Y. Our caring Child Watch staff provide your children with positive social experiences in a secure and playful environment, while you take advantage of the Y facility. Parents must remain in the Y building while their child is in Child Watch.

Downtown Branch Child Watch

MON 8:30 a.m.-1:15 p.m. / 4:15-8:15 p.m.
TUE 8:30 a.m.-1:15 p.m. / 4:15-8:00 p.m.
WED 8:30 a.m.-1:15 p.m. / 4:15-8:15 p.m.
THU 8:30 a.m.-1:15 p.m. / 4:15-8:00 p.m.
FRI 8:30 a.m.-1:15 p.m. / 5:00-7:30 p.m.
SAT 7:45 a.m.-12:00 p.m.

Pleasant Street Branch Child Watch

MON 8:30 a.m.-1:15 p.m. / 4:30-7:45 p.m.
TUE 8:30 a.m.-12:00 p.m. / 4:30-8:15 p.m.
WED 8:30 a.m.-1:15 p.m. / 4:30-7:45 p.m.
THU 8:30 a.m.-1:15 p.m. / 4:30-8:15 p.m.
FRI 8:30 a.m.-12:00 p.m. / 4:30-7:45 p.m.
SAT 8:00 a.m.-12:00 p.m.

KIDS CLUB

For Youth and Family Members, ages 8-12. Kids Club offers a great alternative to Child Watch for older kids who like to stay active and have fun with friends while their parents workout at the Y.

Fall 2017: Kids Club begins September 25th
MON & WED 5:30-7:00 pm
Pleasant Street Branch

FAMILY GYM

Play some hoops and get your heart pumping during our dedicated Family Gym times, when the basketball courts are reserved for younger athletes who are supervised by adults, 18 and older.

Downtown Branch

SAT 12:00-2:00 pm, Augat Gym

Pleasant Street Branch

THU 6:00-7:00 pm

FAMILY SWIM

Enjoy some quality time being active in the pool with your family! All ages are welcome. Family Swim is included in your Y Membership. Non-Members may join in the fun by purchasing a Day Pass.

Downtown Branch Family Swim Times

MON 11 am-12pm / 1:35-4:30 pm / 7-9 pm
TUE 11 am-12 pm / 1:35-6:30 pm / 8:15-9 pm
WED 11 am-12 pm / 1:35-4:30 pm / 7-9 pm
THU 11 am-12 pm / 1:35-4:30 pm / 7-9 pm
FRI 10 am-12 pm / 1:35-9 pm
SAT 12-7:30 pm
SUN 12-7:30 pm

Pleasant Street Branch Family Swim Times

MON 11:30 am-12:15 pm / 2-6 pm
TUE 11:30 am-12:15 pm / 8-9:30 pm
WED 11:30 am-12:15 pm / 2-4:30 pm / 8-9:30 pm
THU 11:30 am-12:15 pm / 8:30-9:30 pm
FRI 12-12:45 pm / 2-4:30 pm / 6:15-9:30 pm
SAT 1:30-7:30 pm
SUN 10:30 am-3:30 pm

Family Swim Guidelines

- Parents are responsible for actively supervising their children at all times.
- All swimmers 12 and under must take a swim test that demonstrates that the child can proficiently swim 25 yards without stopping.
- Children under 9 must be accompanied in the pool area or in the water by an adult. Any child under 9 who does not pass the swim test must be accompanied by an adult in the water and stay within arm's reach in the shallow end.
- Only YMCA bubbles, lifejackets and Coast Guard approved flotation devices are allowed. No inflatable devices such as water wings, inner tubes, rafts, etc. are permitted.