



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

ATTLEBORO YMCA

DOWNTOWN BRANCH

63 North Main Street, Attleboro
Phone: 508-222-7422
Fax: 508-222-4288

FALL HOURS BEGIN SEPT 11

MON-FRI 5:00 a.m.-10:00 p.m.
SAT & SUN 7:00 a.m.-8:00 p.m.

PLEASANT STREET BRANCH

537 Pleasant Street, Attleboro
Phone: 508-226-7700
Fax: 508-226-7717

FALL HOURS BEGIN SEPT 11

MON-FRI 5:00 a.m.-10:00 p.m.
SAT 7:00 a.m.-8:00 p.m.
SUN 7:00 a.m.-4:00 p.m.

NORTON OUTDOOR CENTER

295 West Main Street, Norton
Phone: 508-226-7700 (out of season)

Open for special programs and events.

FALL I: SEPT 11 - OCT 29

FALL I Registration:

August 13 Members
August 27 Non-Members

FALL II: OCT 30 - DEC 24

FALL II Registration:

October 1 Members
October 15 Non-Members

GYMNASTICS DIRECTOR

Amanda Cyr

508-409-0735

acyr@attleboroymca.org

Register at the Y's Welcome Center.

SESSION-BASED GYMNASTICS

FALL I: SEPTEMBER 11-OCTOBER 29 | FALL II: OCTOBER 30-DECEMBER 24
ALL CLASSES HELD AT PLEASANT STREET

Me And My Gymnast

Ages 18 months-2 years with Parent

Parent participation required. This class is for the child that wants to get in the gym, jump around and tumble, but is not ready to be without a parent yet. The class has a similar curriculum to the progressive teeny tiny tumbler class in which parent participation is allowed but not required.

TUE 10:25-11:10 a.m.

WED 4:15-5:00 p.m.

THU 9:30-10:15 a.m.

FALL I

\$64 Y Member

\$96 Non-Members

FALL II

\$73 Y Member

\$110 Non-Members

Recreational Gymnastics

Ages 11 & Up

This class is for the older gymnasts. It is for the beginner that is not comfortable being in a class with younger gymnasts. It is also for the more advanced gymnast who does not want to compete. This class will also allow gymnasts to have a little more freedom in choosing what skills they want to work on.

WED 7:00-8:00 p.m.

FALL I

\$79 Y Member

\$119 Non-Members

FALL II

\$90 Y Member

\$136 Non-Members

High School Open Gym

Ages 13-18

Are you in high school and want some extra practice time. This is a time for you to have free time in the gym to work on the skills of your choice. This is a weekly drop in program. There will be a coach present in the gym for supervision and skill tips, but not direct spotting.
WED 7:30-9:00 p.m.
\$5/class

School-Aged Open Gym

If your child wants to have some extra time in the gym, here is your chance. You can use this time to work on specific skills, introduce a friend to gymnastics or just have some fun. Open gym will be offered once a month. This is a drop in program. There will be a coach in the gym for supervision and safety purposes. The coach may also be available for spotting.

FALL I

SUN, SEPT 24 10:00 a.m.-12:00 p.m.

SAT, OCT 14 12:30-2:30 p.m.

SUN, OCT 29 10:00 a.m.-12:00 p.m.

FALL II

SAT, NOV 11 12:30-2:30 p.m.

SUN, NOV 19 10:00 a.m.-12:00 p.m.

SAT, DEC 9 12:30-2:30 p.m.

SUN, DEC 17 10:00 a.m.-12:00 p.m.

\$10/class

**Looking for more?
Check out our
School Year Dance
or Gymnastics!**

