ATTLEBORO YMCA

SPIN–A–THON 2017
RIDER GUIDE

THANK YOU. We’re so excited that you’ll be taking part in this year’s Spin-a-Thon. As a Spin-a-Thon Rider, you’re making a positive impact on our community by supporting the Attleboro Y’s Annual Campaign. Plus, you’ll get a great workout and have a blast with your teammates in the process!

Spin–a–Thon Event

Saturday, March 11, 2017
Kids Spin: 10:00-10:30 a.m.
Spin–a–Thon: 11:00 a.m.-3:00 p.m.

Attleboro YMCA Downtown Branch
Ride times begin on the hour.
Three riders from each team will participate at a time.

What exactly does a Spin–a–Thon Rider do?

• Prior to the event, ask friends and family to sponsor your ride. As a group, your team of 12 riders is challenged to raise $1,800.

• Make sure you officially register for the Spin-a-Thon by Friday, February 24th. Follow the registration instructions below.

• Communicate with your captain about ride times and your fundraising progress.

• Hop on one of your team’s bikes for an hour and get a fantastic workout—all amid a celebratory atmosphere and great community spirit.

How to register:

Each participant needs to register as a Rider on Firstgiving.com. In addition to serving as our registration site, FirstGiving is an excellent online fundraising tool, making it easy for you to share your Spin–a–Thon plans with friends and family.

1. Go to our page firstgiving.com/attleboroymca/spinathon2017. (You can also reach this page directly from our website at AttleboroYMCA.org/spinathon.)

2. Click on the green “Register” button. Then select that you’re registering as a Rider.

3. If you are new to FirstGiving, you will need to create a FirstGiving account here. If you have used FirstGiving for a previous Spin–a–Thon or another fundraiser, click the “Sign in via FirstGiving” button.

4. From here, FirstGiving will walk you through the steps of registering, joining a team, and setting up your fundraising page.

Spin–a–thon web page: For the most up-to-date information about the day’s event and activities, go to AttleboroYMCA.org/spinathon.

Questions? Contact Meghan Hamilton at mhamilton@attleboroymca.org or (508) 409-0755.

IMPACT OF THE SPIN–A–THON

By supporting the Y with your time, energy, and pledges, you help ensure a brighter future for the communities of Attleboro and Norton. In 2016, the Spin–a–Thon raised more than $56,000 to kickoff a successful Annual Campaign. The funds raised through this campaign had a lasting impact on so many in the following ways:

• More than 200 low-income youth received scholarships to summer camp

• 50 cancer survivors regained new strength of body and spirit through the free Livestrong at the YMCA program

• 25 Multiple Sclerosis sufferers found new ways to cope with the effects of their disease through the Y’s free MS Strong program

• Wellness programs and subsidized group memberships were made available for youth and adults with developmental challenges

• More than 3,000 people were part of the Attleboro Y through subsidized memberships

• The Y was able to expand its community outreach programs to youth throughout Attleboro and Norton.