



We build strong kids, strong families, strong communities.

## DOWNTOWN BRANCH

Schedule effective:

Spring 1



63 North Main St  
Attleboro, MA 02703  
508-222-7422

### LAP / FITNESS SWIM

Approximate number of lanes available is indicated in parentheses

A pool is available for lap swim during all hours of operation. Pool closes 30 minutes prior to facility closing.

#### Sweet Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 7:00 am (2)	5:30 - 9:30 am (4)	5:30 - 7:00am (2)	5:30 - 9:30 am (4)	5:30 - 7:00 am (2)	7:00 - 11:30 am (1)	
7:00 am - 2:30 pm (4)	9:30 - 10:30 am (1)	7:00 am - 2:30 pm (4)	9:30 - 10:30 am (1)	7:00 am - 2:30 pm (4)	11:30 am - 7:30 pm (4)	7:00 am - 3:30 pm (4)
2:30 - 4:00 pm (4)	10:30 am - 2:30 pm (4)	2:30 - 3:30 pm (4)	10:30 am - 2:30 pm (4)	2:30 - 3:30 pm (1)		
4:00 - 9:00 pm (1)	2:30 - 9:00 pm (1)	3:30 - 9:00 pm (1)	2:30 - 9:00 pm (1)	3:30 - 6:30 pm (2)		
				6:30 - 9:30 pm (4)		

#### Balfour Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 - 8:30 am (2)	5:30 - 8:30 am (2)	5:30 - 8:30 am (2)	5:30 - 8:30 am (2)	5:30 - 8:30 am (2)	7:00 - 8:30 am (3)	7:30 am - 3:30 pm (1)
9:15 am - 12:00 pm (1)	9:15 am - 12:00 pm (1)	9:15 am - 12:00 pm (1)	9:15 am - 12:00 pm (1)	9:15 am - 12:00 pm (1)	8:30 am - 7:30 pm (1)	
12:00 - 1:30 pm (3)	12:00 - 1:30 pm (3)	12:00 - 1:30 pm (3)	12:00 - 1:30 pm (3)	12:00 - 1:30 pm (3)		
2:30-9:30 pm (1)	1:30 -9:30 pm (1)	2:30 - 9:30pm (1)	1:30 -9:30 pm (1)	2:30-9:30 pm (1)		

### Family Recreation Swim

#### Balfour Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:30-5:20pm	2:30 - 3:30 pm	2:30-7:15pm	2:30 - 4:15 pm	4:00 - 9:30 pm	2:00 - 7:30 pm	7:00 am - 3:30 pm
			5:00-6:00pm			
8:00-9:30pm	8:00 - 9:30 pm	8:00 - 9:30 pm	8:00 - 9:30 pm			

#### Aqua Motion

Monday - Friday	8:30 - 9:15 am	Balfour Pool
Monday - Thursday	7:15 - 8:00 pm	Balfour Pool

#### Senior Waves

Tues, Thurs	9:15 - 10:00 am	Balfour Pool
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#### Water Jogging

Tues, Thurs	9:30 - 10:15 am	Sweet Pool
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#### Arthritis Exercise

Tues, Thurs	10:00 am - 11:00 am	Balfour Pool
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#### Masters Swim

Fri	6:30 - 8:30 pm	Sweet Pool
Sun	7:00 - 9:00 am	Sweet Pool