

Norton Outdoor Center

Swim Lessons!

**NOC Swim Lessons
are all
8 class sessions
with your families
needs in mind:**

**Weekend Lessons
meet once per week
July 11th—Aug 30th**

**Weekday Lessons
meet twice per week**

**July 7th—30th
August 4th—27th**

**\$90 Non-Members
\$60 Y Members
\$35 Y Family Members**

PIKE/EEL

Ages 3-6
Basic skills for children still using floatation devices.

SAT or SUN 10:00 AM
TUES & THUR 6:00 PM

RAY/STARFISH

Ages 4-6
Use one or no bubbles, work on advanced skills and stamina.

SAT or SUN 10:30 AM
TUES & THUR 6:30 PM

POLLIWOG

Ages 6-17
Basic beginning skills for swimming, safety & floating.

SAT or SUN 11:00 AM
TUES & THUR 7:00 PM

GUPPY

Ages 6-17
No bubbles. Front & back crawl, rotary breathing, diving, safety.

SAT or SUN 11:00 AM
TUES & THUR 7:00 PM

MINNOW

Ages 6-17
Developing stronger & more relaxed strokes., learn elementary backstroke, practice survival/safety skills & increase endurance.

SAT or SUN 11:00 AM
TUES & THUR 7:00 PM

FINBERG FLYERS SWIM TEAM

Ages 6—18

**For more information contact:
Tim Kelly
508-222-7422 ext 133**

YMCA of Attleboro



www.attleboroyymca.org

Attleboro YMCA
63 North Main St.
Attleboro, MA 02703
508-222-7422

YMCA Activity Center
537 Pleasant St.
Attleboro, MA 02703
508-226-7700

**Norton YMCA Program
Center**
111 West Main St.
Norton, MA 02766
508-285-7574

**Norton YMCA Outdoor
Center**
290 West. Main ST.
Norton, MA 02766
508-222-7292 (in season)

YMCA CORE VALUES: HONESTY RESPECT CARING RESPONSIBILITY