

YAQUATICS™

We build strong kids, strong families, strong communities.

Attleboro YMCA Pool Schedules—Main Branch

Sweet Pool (Old Pool) - Enter the pool area through the original locker rooms
 Balfour Pool (New Pool) - Enter the pool area through the new locker rooms

No Street clothes allowed in pool area.

All spectators not swimming must watch from the observation room, balcony or benches provided.

Lap / Fitness Swim

A pool is available with at least 1 lap swim lane during all hours of operation.

Please note that the pool closes 30 minutes prior to facility closing.

Family Recreational Swim

Any child requiring a floatation device must be accompanied in the pool by an adult who is within arms length of the child during family recreational swim times.

Sunday	7:00 am – 12:30pm 7:00 am – 12:30 pm	Sweet Pool Balfour Pool	Mon - Wed	6:00 pm – 7:15 pm	Balfour Pool
Monday	5:30 am – 8:30 pm 9:30 am -- 1:30 pm 3:30 pm – 9:30 pm	Sweet Pool Balfour Pool Balfour Pool	Mon – Thurs	8:00 pm – 9:30 pm	Balfour Pool
Tuesday	5:30 am - 8:30 pm 5:30 am – 8:30 am 9:30 am - 1:30 pm 2:30 pm – 9:30 pm	Sweet Pool Balfour Pool Balfour Pool Balfour Pool	Tues & Fri	2:30 pm-3:30 pm	Balfour Pool
Wednesday	5:30 am – 8:30 pm 5:30 am – 8:30 am 9:30 am - 1:30 pm 3:30 pm – 9:30 pm	Sweet Pool Balfour Pool Balfour Pool Balfour Pool	Friday	6:00 pm – 9:30 pm	Balfour Pool
Thursday	5:30 am - 8:30 pm 5:30 am – 8:30 am 9:30 am - 1:30 pm 3:30 pm – 9:30 pm	Sweet Pool Balfour Pool Balfour Pool Balfour Pool	Saturday	2:15 pm – 3:30 pm	Balfour Pool
Friday	5:30 am – 8:30 pm 9:30 am - 1:30 pm 2:30 pm – 9:30 pm	Sweet Pool Balfour Pool Balfour Pool	Sunday	11:00 am – 12:30 pm	Balfour Pool
Saturday	7:00 am – 3:30 pm 7:00 am – 3:30 pm	Sweet Pool Balfour Pool			

Aqua Motion

Monday – Friday 8:30 – 9:15 am
 Monday – Thursday 7:15 – 8:00 pm

Arthritis Exercise

Tues, Wed, Thurs 10:00 – 11:00 am Balfour Pool

Senior Waves

Tues, Wed, Thurs 9:15 – 10:00 am

Masters Swim

Sunday 7:00 – 9:00 am Sweet Pool

Schedule effective 6/22 – 8/28

Updated: 6-29-09

YMCA of Attleboro



Attleboro YMCA

63 North Main St
 Attleboro, MA 02703
 508-222-7422

YMCA Activity Center

537 Pleasant St
 Attleboro, MA 02703
 508-226-7700

Norton YMCA Program Center

111 West Main St
 Norton, MA 02766
 508-285-7574

Norton YMCA Outdoor Center

290 West Main St
 Norton, MA 02766
 508-222-7292 (in season)